The mission of the Carver Council on Aging is to identify the needs, interests, and concerns of Carver’s senior community and in response develop and implement programs and services that address these. The goal of these endeavors is for the senior community to maintain their independent lifestyle with dignity, while enriching their quality of life.
The COA maintains a “loan closet” for your use and benefit.

Loan Closet
Please allow at least 24 hours notice to schedule a ride.

How do I schedule a ride? Call 508 
for any senior in your life that needs transportation!

What is the fee for riding the GATRA bus?

The fee is 

GATRA Bus FAQs
GATRA operates out of the COA and provides transportation to senior and disabled residents.

What towns does GATRA provide rides to? Transportation is provided to the towns adjacent to Carver. Take a GATRA bus to the COA!

What is the fee for riding the GATRA bus? The fee is $1.75 each way. A book of 10 passes can be purchased for $15. A book of passes makes a great gift for any senior in your life that needs transportation!

How do I schedule a ride? Call 508-866-4698 x-1 Please allow at least 24 hours notice to schedule a ride.

IMPORTANT:
Please call in advance to CANCEL a reservation! Messages can be left after hours.
Please have the address to the location to which you need transportation.
Please consider other passengers and limit the number of shopping bags on shopping trips.
Please DO NOT call drivers directly. Thank you your cooperation!

Closing Due To Weather Conditions
The Carver COA will be closed and bus services canceled if and when the Carver Schools are closed. Closing announcements are broadcast on WPLM radio.

GATRA MINI-BUS
Roger H. Killelea
Peggy Wood
Dispatchers
9:00 A.M.—12:00 P.M.
Monday through Friday
866-4698 x 1

OUTREACH SERVICE
Judy Murphy
Outreach Worker
9:00 A.M.—2:00 P.M.
Monday, Tuesday & Friday
866-4698 x 2

ACTIVITIES
Connie Kelly
Activities Coordinator
9:00 A.M.—3:00 P.M.
Tues., Wed. & Thurs.
ckelly@sailsinc.org
866-4698 x 3

NUTRITION CENTER
Dawn Padovani
8:00 A.M—3:00 P.M.
Mon.—Thurs.
8:00 A.M.—12:00PM, Fri
Lunch weekdays at 11:45
866-4698 x 4

Copies!
The COA will make FREE copies for seniors. Ask a staff member during our regular hours to use this service.

Veteran’s Services
Joseph Hickey, Carver’s Veteran’s Agent and Director of Veteran’s Services can be reached at 508-866-3406. If you are a veteran and are experiencing problems, call Joseph today!

Legal Advice
Attorney-At-Law Lawrence L. Hale is available to meet with seniors by appointment only, for free legal advice and counseling. Appointments are available for the second Thursday of each month, starting at 10:00 am. Call the COA office at 508-866-4698 x 3 to make your appointment a week in advance.

Atwood House Rental
The Nutrition Center at the Atwood House is available for rent on nights and weekends when it’s not in use by the Council on Aging. The cost for Carver residents is $75 for 4 hours of use without the kitchen and $100 for 4 hours of use with the kitchen. Call the COA office at 508-866-4698 x 4 for more information or to book a party.

Friends of the Carver Council on Aging
New members are always welcome! Annual membership fee is $5. Anyone interested in renewing their membership please contact Madeline Joyce or Friends of the Carver Council on Aging, PO Box 72, Carver, Ma 02330.

Senator Pacheco Office Hours at Carver Town Hall
3rd Monday of every month 1-2 pm. Drop in or call 508-822-3000 or 617-722-1551 to schedule an appointment.

Visiting Nurse—Julie Tooher, RN from the Visiting Nurse Association of Cape Cod, is here every Tuesday from 10am – 12 noon offering FREE blood pressure screenings and 1-on-1 consultations. This service is sponsored by the Carver Board of Health. Walk-ins are always welcome!

Glucose and cholesterol screenings will now be offered on the first Tuesday of each month.

Hair Cuts by Donna
Donna Lawrence is available to provide in-home hair cuts by appointment; $15 for a cut, cut and blow dry $25. Call 508-866-4698 x3 to make an appointment.
Foot Care Clinic—March 7th
20-30 min. foot care appointments consist of nail cutting, filing, treatment of ingrown nails, smoothing of calluses and corns, as well as a foot massage. The cost is $29. Call 508-866-4698 x3 for an appointment.

Yoga
The next session of yoga will start on February 1st. The cost of the 8 week series is $40. Classes are held Fridays at the Carver Public Library. For more information or to sign up call the COA at 508-866-4698 x3.

Chair Yoga Mondays at 10:00 am
Chair Yoga is held at the COA on Mondays at 10:00 am for $5/class. Call 508-866-4698 x3 to register.

Cribbage, Tuesdays at 12:00pm
Join together with some passionate cribbage players for a few fun rounds of the game.

Rummikub, Wednesdays at 12:00
Experienced players are welcome as well as beginners. Instruction will be provided if needed. Drop-in every week!

Bingo every Thursday, 12:30 pm.
$5 for a standard pack of games, $1 for coverall, $1 for 50/50 coverall. Exact change is appreciated.

Coffee with the Chief
Tuesday, February 12th 10:30 am-11:30 am
On the 2nd Tuesday of every month Police Chief Marc Duphily is at the COA to listen to any questions or concerns that you may have. The Chief will also collect any expired, outdated, or unused prescription drugs. Take this opportunity to meet your Police Chief, a man who is committed to making Carver a safe and caring community.

SINGO with Jim the DJ Guy
The First Monday of Every Month at 12:00 noon!

Carver C.O.A.
BLOOM Bus Tour
Coach Bus Transportation, Full Buffet Meal, Play & Cabaret!

Wednesday, March 13th
Depart: 9:15 am, Return: 5:15 pm
Cost: $60pp

Reservations and payment due
Tuesday, February 19th.
Call Connie at 508-866-4698 x-3 to reserve your spot!

The will of a deceased millionaire rancher refers to the butler, the maid, his niece and the neighbor, as well as a formula and sample of what appears to be a love potion. Can it really work? It has the potential to be worth billions! Before long everyone is testing it with hilarious results but no one expects the twist at the end!

Basket Weaving with Patty Batson
Tuesdays, February 5th & 19th, 9:30 am. $25 for the 2 week project. Call 508-866-4698 x3 to register.

Valentine Photo Frame Craft
Wednesday, February 6th at 9:30
Please register with Connie at 508-866-4698 x-3.

Silk Floral Centerpiece
Tuesday, February 12th at 9:30
Please register with Connie at 508-866-4698 x-3.

Genealogy Club “Field Trip” to the Carver Public Library
Wednesday, February 13th, 10:00 am
This month’s meeting will convene at the Carver Public Library to learn how to access the online Ancestry search tools and other helpful genealogy tips. *Please note the later meeting time!

Adult Coloring Mandala Magnet Craft
Wednesday, February 20th, 9:30 am
Color the intricate pattern of a mandala to use as a decorative magnet. Drop-in.

“Keep the Beat Alive” Heart Health Presentation sponsored by Visiting Nurse Association of Cape Cod
Tuesday, February 26th at 12:00 noon. Please call Connie at 508-866-4698 x-3 if you plan to attend.

Movie Matinee - The Best Exotic Marigold Hotel
Wednesday, February 27th at 12:00 noon
Please register with Connie at 508-866-4698 x-3.

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SINGO with Jim the DJ Guy
The First Monday of Every Month at 12:00 noon!
### FEBRUARY 2019

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**New Session of Yoga @ CPL starts today**